

## Instructions to the Authors

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### **Specifications:**

The entire manuscript must be typewritten double-spaced on A4 paper with margins of at least one inch on each side. The font size should be 12. Each page should be numbered consecutively, in the following order: title page, abstract and key words, main text, tables, references and figure legends. The manuscript should be accompanied by a disc.

### **Title Page:**

The first page should have the title of the article, authors' names, designations, departments, institution and degree(s) (maximum of two). Financial support must be acknowledged. The name, address, telephone and FAX numbers, and email address of the corresponding author should be listed on the title page. A short running title of no more than 30 characters and spaces should be provided at the bottom of the title page.

### **Abstract:**

An original research report should be accompanied by a structured abstract of 250 words or less, having the following headings: Aim, Methods (study design, participants, outcome measures), Results (measurements and level of statistical significance when appropriate), and Conclusions (directly supported by data, along with any clinical implications). For case reports, a structured abstract of less than 125 words should be prepared using the following headings: Background (importance of the subject matter and specific purpose of the report), Case (Summary of pertinent features of the clinical features, treatment and outcome) and Conclusion. For all other types of articles, the abstract should be a single paragraph of no more than 250 words.

### **Key Words:**

Three to five key words for indexing should be listed in alphabetical order.

### **Text:**

In research articles the introduction must state the purpose or objective of the study. A detailed literature review should be avoided in the introduction. Methods of statistical analysis should be identified in the materials and methods section. Any statistical software programs used should be mentioned. The text should comment on, but not repeat, the details in tables or captions. The discussion should include references to literature and be used to raise implications of the results. Unfounded conclusions should be avoided. References in the text may be cited as:

1. Schaefer (1976) affirms ...
2. It was started by Slocum and Saunders (1996), Smitz (1968) and Brown et al (1997) that ...
3. The findings of the present study confirm the observation reported earlier (Pike and Robinson, 1968; McGovern, 1969; and Tomlin et al, 1970).

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#### **References from journals:**

Thomas, DW and Owen, H (1988): Patient controlled analgesia: the need for caution. *Anaesthesia*, 43:770, 2002.

#### **References from books:**

Randall F, Downie RS (1999) *Palliative care ethics: A companion for all specialities*. 2nd edition, Oxford, Oxford University Press, pp 52-55.

#### **References from a chapter in a book:**

Bhatia, MT (1990): Practical palliative care: cancer pain program for developing countries. In: Lipton S, Tunks E, Zoppi M, Ed. *Advances in pain research and therapy*, Vol.13, New York, Raven Press, p. 303 - 307.

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